

THE WORLD OF MARTIAL ARTS

SELF DEFENSE, HEALTH & FITNESS

R. N. No. 54812/92

VOL 32 NO. 05

DECEMBER - 2023

MCW/ 109/ 2021 - 23

PRICE Rs. 20/=

14th Kudo National & 15th Akshay Kumar International Tournaments Concluded

GUJRAT: In a celebration of martial prowess and emphasizing that Kudo, under the guidance of



sportsmanship, the 14th Kudo National Tournament and the 15th Akshay Kumar International Tournament were held in November 22 to November 29, 2023, at Veer Narmad South Gujarat University, Surat. Over 4000 skilled Kudo fighters from 31 states and union territories of Kudo India displayed the strength and skill for top honours in these prestigious tournaments.

The winners of these tournaments earned the privilege to represent India in the upcoming Kudo South Asian, Kudo Asian, and Kudo World Cup 2025, scheduled to be held in Italy. Hanshi Mehul Vora, President of KIFIA Association Kudo India, expressed his enthusiasm,

Affairs and Sports, Government of India. Notably, tournament winners are entitled to job reservations in Central government positions. Furthermore, Kudo is on the cusp of becoming a prominent feature in the prestigious Khelo India Games.

Kudo was introduced to India by Bollywood superstar Akshay Kumar in 2011, following his intensive training for the movie "Rowdy Rathore." Kudo has grown into a formidable martial art. Akshay Kumar's

commitment to the discipline led to the official introduction of Kudo in India on October 19, 2011. The effectiveness of Kudo as a sport and self-defense system continues to resonate, making it a significant part of India's sporting landscape.

As the nation's top fighters vie for victory, the 14th Kudo National Tournament and 15th Akshay Kumar International Tournament stand as a testament to the growth and recognition of Kudo in India. The tournament prize distribution was attended by Kudo India Chairman Akshay Kumar, Guest of Honor Bollywood star Disha Patani, Guest of



Surat Commissioner Police IPS Tomarji Surat Collector IAS Oakji and many other dignitaries. Akshay Kumar announced that he will send 10 Kudo athletes to Phuket for 1 month of advance training so they can win medals for

Living Legend to train Indian Karatekas at the Birthplace of Karate-Do

MUMBAI: A delegation of passionate martial artists from Rajesh Thakkar's Karate Academy is set to embark on an extraordinary expedition: training under the tutelage of the revered Grand Master Hanshi Morio Higaonna, (10th Dan) the living legend of Goju-Ryu Karate-do.

Their destination is no ordinary training ground; it's the Hanshi's Dojo, nestled in the heart of Okinawa, Japan – the very birthplace of Karate-do.

From December 12th to December 26th, 2023, the team will immerse themselves in intensive training guided by the Grand Master himself along with Sensei Yonekazu Uehara (8th Dan), Sensei Masakazu Kuramoto (8th Dan) and Yoshinori Yonesato (7th Dan). The journey reaches its pinnacle with the celebration of Hanshi's 85th birthday on December 25th, 2023.

The team, led by Sensei Rajesh Thakkar, comprises committed individuals including Sensei Jayesh Somaiya, Sensei Raghuvir Thakkar, Sensei Hersh Sayta, Sensei Dakshesh Shah, Shandai Sunny Gandhi, Sempai Richa Agarwal, Sempai Preesha Kothari, Sempai Darshan Mehta, Sempai Manan Parekh, Sempai Shiv Shankar, and Sempai Bhoomika Nisar. Each of the members have of committed many years to the art and spirit of Karate-do.

This unique expedition is not only a testament to the Academy's unwavering commitment to Karate excellence but also an opportunity for the team to bring back enriched skills and experiences to share with their fellow practitioners.

As the team dives into this Karate odyssey, they carry the hopes and blessings of their well-wishers, leaving a lasting mark on the legacy of Rajesh Thakkar's Karate Academy. Wishing the team an enriching and successful journey!



Sensei Zeenat Mistry Passes 7th Dan

Zeenat Sensei passed her Nana Dan or 7th Degree Black Belt examination under Sensei Tetsuji Nakamura Chief Instructor IOGKF World and Sensei Henrik Larsen Vice Chief Instructor IOGKF. This makes her the first Woman in India to have achieved this high rank at age 52.

Zeenat has been learning under Sensei Pervez Mistry for the past 37 years, and has also trained under the founder of the IOGKF Shihan Morio Higaonna 10th Dan in Okinawa Japan. She also attended the Chief Instructors Karate Seminars in Japan and Europe training with all senior Instructors the world over.

This International

Federation teaches the original and Traditional system of Okinawa Goju Ryu Karate-do as handed down from its Founder Hanshi Chogun Miyagi. Today it is headed by Chief Instructor Sensei Tetsuji Nakamura 8th Dan. This Federation is the largest traditional Karate-do organization with over 60 countries and more than 80,000 members worldwide.

In Karate-do Zeenat's forte lay in her Kata performances, and from 1988 to 2000 she achieved all that she set out to do. She won the Maharashtra State Championships 13



Left Sensei Tetsuji Nakamura, Chief Instructor IOGKF World
Right Sensei Henrik Larsen Vice Chief Instructor IOGKF World

times and the National Championships 17 times. She came 4th in Macau and in Manila at the Asian Karate-

Continued to page 3....

12th National Hapkido Instructors Seminar

MUMBAI: The Hapkido Federation - India (HFI) will organise its 12th National Hapkido Seminar in Mumbai on 16 - 17 December 2023. The Seminar will be conducted by master Sardar Shaikh, 7th Dan Black belt in Hapkido.

HFI is recognised by the International Hapkido Moohakkwan and The Korea Hapkido Federation (KHF). Master Sardar Shaikh has also been declared Director of KHF India.

The participating Instructors will be taught Hapkido techniques according to the syllabus which is approved by both The Korea Hapkido Federation as well as International Hapkido Moohakkwan.

This is the opportunity to learn Hapkido techniques as it is taught in Korea. The training will cover empty hand Hapkido self defence techniques and the weapons training.

