

Niyuddh Sabha (Martial Arts Symposium) organised in Mumbai

MUMBAI: The Aikido Go JU Forum organized the second Niyuddh Sabha/Martial arts symposium at the American School of Bombay (ASB) on October 12, 2019.

The topic for this seminar was Martial Arts: Its Physical and Spiritual Aspects.

Four prominent speakers from the martial arts fraternity delivered their thoughts on this topic, both individually as well as through a panel discussion. More than a hundred & fifty people participated.

The guest speakers were:

- Pervaz Mistry Shihan: Legendary martial artist and fitness expert.
- Christopher Fernandez: Veteran Chinese Martial Arts Instructor and author.
- Prof Dr. Siddiq Mahmoodi- Founder - Kendo India and Spochan.



(L-R) Mr. Devang Shah, Prof. dr. Siddiq Mahmoodi, Shihan Pervaz Mistry and Siphu Christopher Fernandes.

- Devansh Shah - Martial Artist and Fitness instructor.

Mr. Craig Johnson, Head of ASB delivered the keynote. It has been decided that more such programs will be organized at least twice a year, so experts may

continue to share their vast knowledge and experiences with the martial arts community.

The upcoming topics of debate are:

- Martial arts: Is it an art, a science...or both?

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